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# Top Green Tips To Stay Cool This Summer

05/07/10

By Ian Penfold, Architectural Manager at Solar Gard

1 tweets

## Use sun-protecting Window Film

tweeted

As window film rejects up to 75% of solar heat, buildings and cars stay cooler without the use of air conditioning. The best window film vendors are also registered as Carbon Negative, which emphasises their dedication to reducing CO<sub>2</sub>

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## Turn off your appliances

Leaving appliances such as printers and computers on standby can use up almost as much energy as when they are switched on. This creates unnecessary heat in the office and contributes...  
...substantially to your overall energy bill

## Turn the lights out

Keeping lights off and blinds closed will ensure that your office is significantly cooler when you arrive to work.

## Plant shrubs

<a href="#">67% Forecasted Growth</a>	<a href="#">EDF Energy: Official Site</a>	<a href="#">Solar Electric Panels</a>
Green Energy Investments. \$10,000 Minimum Investment. <a href="#">WorldEnergyResearch.com</a>	Introducing EDF Energy's Cheapest Ever Tariff. Limited Online Offer <a href="#">savetodaysavetomorrow.com</a>	Lower Household Energy Bills Request a Free Brochure Today! <a href="#">www.Green-Sun.co.uk</a>